

Support Worker required in Bungay

£9.55 per hour

Ref: 4435

Closing Date: 25/09/2020

About Me

I am a middle-aged, but young at heart, lady living in Bungay. I have had a difficult couple of years and I am now trying to get back to normal to do things I would like to do, by employing people who can support me, bearing in mind my time and energy needs.

I have multiple disabilities (some are obvious, but others are less visible) which can make it harder for me to do things that other people might take for granted. I use an electric wheelchair both in the house, and out and about and I can find it difficult to move around. I get extremely tired and need to manage my energy carefully.

I take great support from my religious beliefs and they are a great comfort to me in difficult times, however I understand that not everyone shares this so I do not 'preach'.

About the Job

I am looking to add to my current team of helpers as one of my valuable employees is having to move on due to her personal circumstances. I am looking for a competent, friendly and happy person to fit in my remaining team. I need help in all areas of life so that I am able to live a normal life. So, I would like help with the following: all the practical aspects of running a home, some personal care and home admin.

Person Specification

Here is the type of person I am looking for to support me. These qualities are divided into 'essential' and 'desirable'. **Please refer to them when completing your application.**

Essential	Desirable
- Someone who is confident to handle my support equipment, as well as lift and carry things for me whilst at work.	- Someone with previous experience or training in a similar role.
- Someone who has a positive, can-do attitude and can bring this into their work.	- Someone with understanding of the effect disability can have on a person's life.
- Someone who is happy to join and work within a team.	- Someone with a driving licence and access to their own car.
- Someone who is reliable and able to use their own initiative to when I am feeling less well.	

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| <ul style="list-style-type: none"> - Someone who is respectful of my beliefs and outlook on life. | |
| <ul style="list-style-type: none"> - Someone with a willingness to work hard and understand when I need support and when I can be independent. | |

Rota and Responsibilities

Although this job description is correct at present, it may change from time to time after negotiation with the post holder.

I am looking for evening and weekend support at present, however you may also be required to assist to cover other employees.

The successful candidate will not be expected to work all of these shifts. These are all of the shifts available to the support team. Please make your availability clear on your application form.

Morning Support - Monday to Sunday

- Get the house up and running whilst I am waking.
- Support me with my skincare regime – applying creams etc. if needed.
- Supporting me to have a bath and get dressed.
- Help me to prepare food and drink for the rest of the day.
- Undertaking light housework – such as making bed, washing up, emptying bins etc.

Evening Support – Monday to Sunday

- Supporting me to have a bath if I have not had one in the morning, and with getting undressed.
- Ensuring I have adequate food and drink for the night.
- Supporting me with my skincare regime – applying creams etc. if needed.
- Any other odd jobs that need doing, including ensuring my home is safe and secure.

Additional Hours

- Due to my disabilities and changes in my family circumstance, my house has become cluttered and untidy. I will need ongoing support to make my home a place I can be proud of again.
- Light cleaning – vacuuming, putting washing out etc. When I am feeling well I will do this with you, but you must have the sensitivity and initiative to do this yourself if I ask you to, or if you see that I cannot do it myself.
- I will also ask you to assist me with forms, paperwork and correspondence – this could include dealing with bills, supporting me to write to friends, dealing with doctors' letters, making appointments and arranging travel
- Accompanying me out and about in the community or to local activities that I enjoy. This may also involve going shopping, collecting prescriptions and attending appointments.

Cleaning – flexible, as agreed

This can be worked as a separate job or added to the Support Worker role, as necessary.

- Initially I will need some support with decluttering and cleaning my property.
- After the declutter, general cleaning of all rooms in the bungalow, including the bathroom and kitchen.
- Ensuring that hallways and walkways are clear so it is safe for me to move around my home.

The tasks above are likely to change over time and after discussion between us, depending on my needs. I trust that we can build a good partnership as we work together. The job may initially prove to be a challenge, but I hope that the satisfaction we will both receive in helping me to improve my quality of life will be enormous.

Terms and Conditions

Pay Rate:	£9.55 per hour weekdays £10.05 per hour weekends
Hours of work:	You will have a contract with a few guaranteed hours per week. Please note your availability on your application form.
Annual Leave	The annual holiday entitlement for this position will be equivalent to the work which would normally be done during 5.6 consecutive weeks. Annual Leave to be planned and agreed in advance. There will be a rota that operates on a 'first come-first served' basis as I need to ensure that I have the care and support I need.
Background Checks	A satisfactory Enhanced Disclosure and Barring Service check is required for this position. If your application is successful, you will be required to provide details of two referees, one of which must be your current or most recent employer, or character references if you have not been employed.
Expenses	You will be reimbursed for any expenses incurred during the role, provided the costs are agreed in advance.
Trial Period	This post is subject to a probationary period of 3 months.

How to apply:

Tell me about you! If you wish to apply for this position, please complete the enclosed application form (quoting the reference number SIL4435) and return to the address below.

Suffolk Independent Living, IP City Centre, 1 Bath Street, Ipswich, IP2 8SD

Or email suffolk@silmail.org

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