**Zero Hours Personal Assistant**

**Bramford near Ipswich**

**£13 per hour**

**Job reference: 4520**

**Closing Date: 13/08/2021**

**About Me**

I am a 27-year-old man who suffers from Muscular Dystrophy.  I was quite a socially active person prior to the pandemic and hope to get back to my old way of life soon; I enjoy the cinema and watching films on TV.  I’m a big sports fan (my main sport is football and used to go every week to watch Ipswich Town).  I also enjoy listening to music and going to concerts.  As I am in full time employment, I require reliable assistance to help me prepare for the day ahead.

I’m friendly, patient, & intelligent.  (I am told that I am very easy to get on with and my current pool of PAs all enjoy seeing me).

I currently have support from a Personal Assistant in the weekdays and weekends, but I would like to find someone to provide support should my full time PAs be unable to provide assistance. I would like to find someone to provide relief cover to my support team when they are on holiday / annual leave or sickness.

Should there be many successful applicants, the job will allow for job-sharing; Please advise me of your availability for mornings and/ or evenings, so this can be taken into consideration.

**Person Specifications**

**Essential:**

* Someone who has access to their own car due to my location.
* To be able to work flexible hours so that my support hours can be covered.
* Able to manage time well and be prompt and punctual when working with me.
* Confident and able to self-direct their own tasks without prompting.
* Someone who is trustworthy and respects my confidentiality.
* Able to speak English to a high standard as I would like to be supported by someone who I can chat too.

**Desirable:**

* Local to the Bramford area
* Someone who has similar interests to me.
* Someone with good attention to detail and patience during their work role.

**Expected Tasks:**

* Assisting me to get out of Bed
* Assisting me to go to the toilet using the hoist
* Washing and dressing
* Assisting me to go to the toilet and get into bed.
* Making sure that I am comfortable before you leave.
* Undertake simple tasks e.g. placing my wheelchair on charge.

**Terms and Conditions**

£13.00 per hour pro rata (please note, that if the shift is under an hour, the pay will be adjusted).

The annual holiday entitlement for this position will be equivalent to the work which would normally be done during 5.6 consecutive weeks.

A satisfactory Enhanced Disclosure and Barring Service check is required for this position.

If your application is successful, you will be required to provide details of two referees, one of which must be your current or most recent employer, or character references if you have not been employed.

You will be reimbursed for any expenses incurred during the role.

This post is subject to a probationary period of 3 months.

**How to apply:**

If you wish to apply for this position, please complete the enclosed application form (quoting the reference number SIL 4520 and return to the address below.

SIL4520 - Suffolk Independent Living

IP City Centre

1 Bath Street

Ipswich

IP2 8SD

Or email [suffolk@silmail.org](mailto:suffolk@silmail.org)